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Coming Soon

September

- Tippet Rise Art Center
- Walk to End Alzheimer's
- Active Aging Week

October

- Art Show/Tea Party
- Harvest Dinner
- Museum of the Rockies

November

- Tall Tales & Songs
- Food Demo
- CEO, John Hill Meet & Greet



Wise & Well: Active Aging Week

Get out and "Explore the Possibilities"

By Jennifer McNulty, Exercise Specialist

Started by the International Council on Active Aging in 2003, Active Aging Week strives to diminish negative expectations of aging by showcasing that older adults can experience wellness throughout their later years. This year's campaign will be held from September 26th through 30th. "Explore the Possibilities," this year's theme is used for communities all around the world who are participating in this week long celebration of aging actively. Hillcrest Senior Living, in partnership with Bozeman Parks and Recreation, have put together a week long program that incorporates whole person wellness—including the physical, social, spiritual, emotional, intellectual, vocational and environmental aspects of health.

Continued on page 4

Let's Walk to End Alzheimer's

Save the date for the annual WALK TO END ALZHEIMER'S! Hillcrest is encouraging all residents and staff to participate in this fun event. Hillcrest is donating \$500.00 to meet our pledge for the association. All funds raised through Walk to End Alzheimer's further the care, support and research efforts of the Alzheimer's Association. All we need is you! Come and join us Sunday, September 18 for a 2 mile walk around the Bozeman Ponds. The trail is accessible to all walker levels and wheelchairs. The Hillcrest bus will leave at 2:00 from Aspen Pointe. Put this event on your calendar and plan to join us. Be sure to sign-up at the front desk.



Hillcrest Staff and Family, Alzheimer's Walk 2014

Thoughts from the Vice President



By LeRoy Wilson

We are always keeping an eye out for ways to maintain and/or update our building. This summer, the same as last summer, we budgeted for part of our building to be painted. The John Castle Painting crew works on the yearly amount until it runs out. The idea is to paint a section each year, for about 4 years, and then have a few years off after the whole building has been painted. This is a way to keep it well maintained. We have had excellent feedback about the painters being quiet, efficient, and respectful of our residents' home.

When the painters leave, a crew of works from Gallatin Valley Landscaping will be arriving. They will be doing some tidying up before the snow hits, trimming some bushes and trees, and removing some trees by the D-Wing that are beginning to affect the building's foundation. A retaining wall will be installed next to

Aspens

By William A. Ziegler

This is a poem written by Bill Ziegler before his recent passing. Although he is gone, we felt that it was an appropriate poem for the season.

All my aspens did not go at once,
 Though when the leaves on one began to yellow
 It was not long before the rest did, too
 And one by one the trees decayed and died.
 But it is known that every aspen wood
 Stems from a common root that gives birth to
 Successive groves of trees replacing those
 That have been stricken by advancing age.
 It will be years before the new born shoots
 Become young saplings and then full grown trees.
 I will have passed on as my aspens did,
 But from the root that gave me life on earth
 There will have sprung another generation
 That with the trees will share a common destiny.

the sidewalk that leads to the entrance by the beauty shop.

In my daily rounding, another area I have noticed is the game room. It is a prime resident space that does not see much, if any, consistent use lately. We have many weekly programs like bridge club, Saturday movies, bingo, Zentangles, coloring class, and art/craft classes that could benefit from a more permanent location with better lighting, temperature control, and acoustics. The leadership team, with consultation from a few residents, unanimously supported the idea of re-purposing the game room into an activity room. This room will have 6-8 four-top tables and 24 plus chairs to host a range of different activities including the ones noted above. A large television and sound system will be installed for movies and special events like the super-bowl party. This room is conveniently located halfway between Aspen Pointe and Birchwood providing better access to all residents wishing to participate.

We will be relocating the pool table to the first floor lounge of building "A," creating a social area for residents to gather in fellowship and fun. This should tie in nicely with the new patio that has been completed; next we will be purchasing patio furniture. Thank you to Eileen Crook who suggested adding a patio to this area.



Worker preparing patio area to pour concrete.

WOW, IT WAS A GREAT CAR SHOW!

Twenty-five autos from the past, dating from 1930 to 1972 were displayed at the Hillcrest Car Show, August 18th. It was a windy, blustery afternoon but that didn't prevent a large number of auto fans from Hillcrest, Bozeman Health staff, friends, and neighbors from coming to enjoy the vehicles, music by Country Tradition, and ice cream.

Dorothy Aasheim gave her approval of the 1936 yellow Packard 120 business coupe which received the Viewer's Choice award. Owner Ervin Hintzpeter stated the car was a "basket case" when he purchased it in 2010. He further explained that the number 120 indicates its horsepower and the interesting fact that the car was used to haul coal during World War II.

The 1935 Plymouth PJ Touring featured unique "smokers windows" that open partially up and down and sideways to release unwanted air. Now it also sports a special paint job. Owner Milo Bertdono says the violet shade is known as 1995 Ford Thunderbird, a color that his wife likes.

Three Aspen Pointe residents stopped to view the 1940 black Ford Deluxe convertible owned by Don McAndrew. Clint Frazee checked out the dashboard as Jack Myers and Mary Gracia looked over the passenger side.

The band pleased the viewers with background music of country and cowboy tunes. One guest caught the spirit of the event and joined the trio to share her musical talent.

We would like to thank Phylis Somers' son, Carl Somers, for bringing his 1984 Corvette; Lee Wagner's daughter, Sara Orchard, and Dewey Adams for bringing their 1930 Model As; Cy and Dorothy Firth's son, Dave Firth for bringing his 1961 Mini Cooper; and Kay Reilly's friends, Ervin, Don, and Bruce and Penny Janes (1970 442 Oldsmobile). We couldn't have done it without the great help and support from the different Hillcrest departments. Thank you all for a successful day!



What a Bear!



Amanda Markel, Hillcrest Activities Assistant, normally works in oils, pastels, and clay. She proved that she is a multi-talented artist by drawing this bear for the Employee Appreciation Lunch on the Lawn, Chalk on the Walk event honoring Bozeman Health employees. The bear, her first ever sidewalk chalk drawing, took her an hour and a half to complete. She mixed various colors to create the beautiful brown shade.

Amanda had an art show in Birchwood last month. She is currently working on new art pieces for an art show in Aspen Pointe, scheduled for Friday, November 4 at 7:45pm in the Aspen Pointe Commons.

Continued from page 1

In the past, there have been preconceived notions that older individuals are frail and tired. For the past fifteen years, the International Council on Active Aging has successfully broken through these stereotypes of the elderly population; many older adults are working well into their sixties, exercising, trying new and exciting things, going on adventures, and living life to the fullest by recreating the “empty nest” sensation all over again! The main focus of active aging is that whole body wellness will inevitably enhance an individual. Whole body wellness allows individuals to become a well-rounded, knowledgeable and engaged member of society.

In addition, “research shows that an active lifestyle can lessen the challenges and increase the opportunities associated with...” the aging population (www.icaa.cc, 2016). By participating in social, spiritual, physical, intellectual, and emotional activities on a daily or weekly basis, many people may feel more alive, might become more energetic and enthusiastic about life, and will probably wake up every morning looking forward to the day. With the whole body wellness parameters in mind, the Active Aging Week Committee has put together many different presentations, crafts, and activities that will hit each facet of health. Every program will be aimed to enrich you as a person, be informative and even entertain you!

Last year, over 115 people from Hillcrest, Bozeman, and surrounding communities attended the week long campaign. This year we expect the numbers to increase with such activities as “Personal Side of Aging” with Dr. Dawn Tarabochia, AMR and Gallatin Heart Rescue, and Geocaching. More information will be available in the coming weeks; however, you can talk to Rachel, Ginger, and Jennifer and we can answer any questions you may have or visit:

<http://www.hillcrestlivingbozeman.com/activeagingweek.php>

Neighbors

By Kate Evans, Aspen Pointe Resident

Meet Maury Dornberg

Maury Dornberg is a quintessential Midwesterner. His youth, college days, and working years, were all based in three states of that region—Iowa, Illinois, and Indiana.

But his career in oil took him across the country and out into the world. He was hired in 1953 by Standard Oil of Indiana (later Amoco) as a chemical/mechanical engineer but was later transferred to its computer department, and was sent to the University of Chicago for an MBA which he received in 1967 after three years of attending classes at night.

“The first IBM computers were big, just huge and powerful, nothing like the handheld instruments of today,” he explains. “We had to add 200 tons of air conditioning equipment just to cool such a machine.” During this time, he also taught operations research for two years at the University of Indiana—North at Gary, Indiana.

He was responsible during his final 10 years at Amoco for all the USA computing activities of the company. Representing both the parent company and its oil division, he traveled to Britain, Belgium, Switzerland, and other major cities in Western Europe.

Born in 1929 on a small farm near Mount Pleasant, Iowa, he was the middle son of Sylvia and Abe Dornberg. Both were foreign born, Syl-

via Lubelchek in Poland and Abe in Austria. Maury remembers that his maternal grandfather, Jacob Lubelchek, amassed enough money to pay his passage from Poland to the states. He wrote back to his family that he would send for them when he was able. It took Jacob seven years to fulfill this promise. First there was World War I, secondly his earnings from pushing a cart through Mount Pleasant were meager. “However by the early 30’s and the Depression, he owned a Buick agency,” Maury proudly states. “He never did learn to drive.”

At age one Maury and his family moved to Fort Madison, Iowa. Here he spent his childhood and school years, graduating from high school where he was a sprinter in track. Next came four years at Iowa State University, a degree in chemical engineering, and a Second Lieutenant officers commission from the ROTC. Called up for active duty in Korea, he was assigned to a combat engineering regiment, serving from 1951 to 1953 at the 38th parallel bordering North and South Korea.

Maury and Helen Kolten of East Chicago, Indiana, were married in 1956. Their only child, David, lives in Munster, Indiana. Helen died of cancer in 1987. Upon retirement Maury began traveling West and over-

seas. A big fishing thrill came to him in Alaska in July 1989 when he landed a 61 pound King salmon from the Kenai River near Soldotna. His interest in nature and the outdoors drew him to Montana where he moved to Big Sky in 1992. There he has enjoyed skiing, fishing, hiking, and canoeing, much of it with a fellow Midwesterner and friend, Dick Evans.

He also served the Big Sky community as a director on the Big Sky Chapel board and a member of trails committee of the Big Sky Owners Association.



Maury hitting the trails!



BOZEMAN HEALTH
HILLCREST SENIOR LIVING

Aspen Pointe

September 2016

Announcements:

Water Aerobics: We have not had enough interest in water aerobics to start taking a bus. We will check-in with resident at a later date about the possibility.

Brush-Up Bridge: Brush-up bridge will be starting again this month. It will be held on Wednesdays at 10am in the 3rd floor lounge of building "A." This class is for residents who have little to no experience playing bridge. If you are interested please contact Wanda Myers, 587-3511

MSU Music Students of Angella Ahn: We are delighted to have Angella Ahn continuing to bring her students to Hillcrest for music programs, alternating months between Aspen Pointe and Birchwood. They are just getting back to classes this month so we will have a schedule determined soon, keep an eye out.

Bible Circle in Birchwood Activity Room: Starting this month bible circle will be doing a study entitled "Fleeing Oppression" covering Exodus 1-15, Ruth, and Matthew 2. This same interfaith Bible study will be occurring at Hope Lutheran with Rabbi Ed and PR Stephen speaking.

Bozeman Symphony: The 49th concert season will be beginning this month, September 25th at 2:30pm. Matthew Savery promises to electrify you with captivating performances with a wide variety of music ranging from the 17th to the 21st century and Bozeman will get the pleasure of meeting some of the world's leading and most exciting soloists. If you are interested in season tickets or certain performances please purchase your season for Sunday afternoons if you would like to use the Hillcrest bus service. The Symphony box office phone number is 585-9774.

September Birthdays

Jack Myers	9/6
Lois Adams	9/8
Ken Card	9/10
Rita White	9/13
Bob Yaw	9/15
Agnes Persson	9/15
Bob Gilmour	9/17
Ellen Urie	9/17
Dorothy Firth	9/18
Bea Gorr	9/18
Shirley DeBelly	9/20
Wayne Gibson	9/23
Tom Kaveney	9/24
Ken Slaght	9/24

9/1 Edis Kittrell & Friend: Edis is a local music artist that plays all genres of music on her guitar and sings. She will have her friend her on the keyboard this evening.

9/2 Wings in the Sky—Homing Pigeons, History & Montana: Join us for a special event that combines history, art, biology and live homing pigeons that will be released into the Montana sky. Homing pigeons are man's oldest feathered friend, playing many roles through thousands of years with humans through peace and war. Today they hold a special place in the sky -- racing, bearing messages and being released in celebrations of precious moments in our lives.

9/7 Shopping Bus to the Co-op @ 8:45am: We will be taking the bus to the Co-op to do some shopping, if you are interested, please sign up at the front desk.

9/8 Men's Breakfast:

9/8 An Ursine History of Yellowstone Park: A brief history of the Park seen through the dynamic relationship between humans and bears, beginning with mountain men hunting bears for meat, through the time men in bowlers and women in long skirts watched bears at hotel dumps, to the time that begging bears stopped traffic and made "bear jams" miles long.

9/9 Friday Forum @ the Library—At-Risk Youth in Bozeman? Sadly, Yes.: Join Wonderlust and the Bozeman Library Foundation for the first Friday Forum of the fall on Friday, September 9, 12-1:30pm to hear from a panel of local folks who are working on this issue in our community. We'll hear from representatives working with at-risk and homeless youth from Big Sky Youth Empowerment, Bozeman School District, HRDC, and others. Learn the scope of the issues, the actions being taken to alleviate the suffering, and the people working to make Bozeman a more compassionate and empathetic community to this growing problem.

9/11 Bob B. in BW @ 3:45pm: Come tap your toes and sing to Bob Britten on the piano in Birchwood!

9/12 Bob B. in AP Commons @ 7:45pm: Come tap your toes and sing to Bob Britten on the piano in Aspen Pointe!

9/13 AP Resident Council @ 9:00am in FSR: All residents are welcomed to come listen and bring up topics of their own.

9/14 Shopping Trip to Heeb's: We are going to try something new. Because of the size of Heeb's park-

ing lot and how busy it usually is, we are going to take the PT Cruiser to Heeb's for shopping. Please sign-up for this trip. We will only be able to accommodate 3 residents at a time, and limited to 1 walker.

9/14 Smart Women's: "Do you need vitamins and herbs?" (See page 6 of newsletter)

9/15 Stefan Stern: Phenomenal classical pianist Stefan will be back for a concert. Don't miss out!

9/16 Day Trip to Tippet Rise: Sign-up at the front desk.(See page 7 of newsletter)

9/17 Bozeman Dance Academy: Ten kids ranging from 10years old to 16 years old will be here performing a recent recital for you!

9/18 Walk to End Alzheimer's: Please join Hillcrest staff and family in showing support for finding a cure for Alzheimer's. Sign-up at the front desk. (See page 1 of newsletter)

9/21 Shopping Trip to Town & Country: We will be taking the bus to Town & Country separate from other locations. Please sign up at the front desk.

9/21 Wine & Cheese Social: We will be introducing new residents and also bidding a fond farewell to Susan LaFontaine, administrative assistant.

9/22 Bob Packwood: Half of our Bob and Mark duo will be here this night. Bob will be in Birchwood at 3:30pm and Aspen Pointe at 7:45pm for an awesome evening of some different tunes than he usually plays, expect some classical and originals!

9/25 Bozeman Symphony: Bozeman favorite, Spencer Myer, makes his much-anticipated return to perform Sergei Prokofiev's 3rd piano concerto. Then, the orchestra will tackle the suite of moods that is Carl Nielsen's best-known work, The Four Temperaments. Please order your tickets for Sunday afternoon at 585-9774. Sign-up at the front desk to take the bus.

9/26-9/29 Active Aging Week: Please refer to the Active Aging Week Brochure for the activities going on for the week. If you need a brochure please contact Rachel, 414-2002.

9/28 Shopping Trip to Heeb's: We are going to try something new. Because of the size of Heeb's parking lot and how busy it usually is, we are going to take the PT Cruiser to Heeb's for shopping. Please sign-up for this trip. We will only be able to accommodate 3 residents at a time, and limited to 1 walker.

Sun

Mon

Tue

We

September 2016



BOZEMAN HILLCREST SENIOR CENTER

Aspen Pointe

4 10:00 am– Worship Service in AP Chapel
2:30pm– Bingo in FSR

5 8-9:30 am Gym Supervised Hrs
10:00 am– Chair Ex. in AP Commons
1:00 pm– Art Class in BW Act Rm
1:30 pm– Timely Topics in the FSR
7:30 pm– Bingo in FSR

6 8-9:30 am Gym Supervised Hrs
9:30 am– Yoga in the LC
1:30 pm– Bus to Walmart
2:30 pm– Seated Yoga in BW Act Rm
6:30 pm– Bridge in FSR

7 8-9:30 am Gym Supervised Hrs
9:15 am– Prayer in AP Commons
8:45 am– Shopping at Costco
10:00 am– Brush-up Bridge
10:00 am– Chair Ex. in AP Commons
1:00 pm– Coloring Group
1:30 pm– Book Club 3rd
2:00 pm– Wings in the Garden
Program in BW Act Rm
2:30 pm– Catholic Mass
7:30 pm– Bingo in FSR

11 10:00 am– Worship Service in AP Chapel
2:30pm– Bingo in FSR
3:45 pm– Bob B in BW

12 8-9:30 am Gym Supervised Hrs
10:00 am– Chair Ex. in AP Commons
11:30 am– Lunch Outing
1:00 pm– Art Class in BW Act Rm
1:30 pm– Timely Topics in the FSR
7:30 pm– Bingo in FSR
7:45 pm– Bob B in AP

13 8-9:30 am Gym Supervised Hrs
9:00am– AP Resident Council in FSR
9:30 am– Yoga in the LC
1:30 pm– Bus to Walmart
2:30 pm– Seated Yoga in BW Act Rm
6:30 pm– Bridge in FSR

14 8-9:30 am Gym Supervised Hrs
9:15 am– Prayer in AP Commons
9:30 am– Shopping at Home Depot
10:00 am– Brush-up Bridge
10:00 am– Chair Ex. in AP Commons
1:00 pm– Coloring Group
2:30 pm– Catholic Communion
3:00 pm– Smart Women
7:30 pm– Bingo in FSR

18
10:00 am– Worship
2:00 pm– Bus to Walk to End Alzheimer’s
2:30pm– Bingo in FSR

19 8-9:30 am Gym Supervised Hrs
10:00 am– Chair Ex. in AP Commons
1:00 pm– Art Class in BW Act Rm
1:30 pm– Timely Topics in the FSR
7:30 pm– Bingo in FSR

20 8-9:30 am Gym Supervised Hrs
9:30 am– Yoga in the LC
9:30-10:30am– First Security Bank
1:30 pm– Bus to Walmart
2:30 pm– Seated Yoga in BW Act Rm
6:30 pm– Bridge in FSR

21 8-9:30 am Gym Supervised Hrs
9:15 am– Prayer in AP Commons
9:30 am– Shopping at Target
10:00 am– Brush-up Bridge
10:00 am– Chair Ex. in AP Commons
1:00 pm– Coloring Group
2:30 pm– Catholic Communion
3:00pm– Lutheran Communion
4:00 pm– Wine & Cheese
mons
7:30 pm– Bingo in FSR

25
10:00 am– Worship
1:45 pm– Bozeman Symphony
2:30pm– Bingo in FSR
3:45 pm– Bob B in BW

26 8-9:30 am Gym Supervised Hrs
No Chair Exercise
1:00 pm– Art Class in BW Act Rm
1:30 pm– Timely Topics in the FSR
7:30 pm– Bingo in FSR

27 8-9:30 am Gym Supervised Hrs
9:30 am– Yoga in the LC
1:30 pm– Bus to Walmart
2:30 pm– Seated Yoga in BW Act Rm
6:30 pm– Bridge in FSR

28 8-9:30 am Gym Supervised Hrs
9:15 am– Prayer in AP Commons
9:30 am– Shopping at Home Depot
No Chair Exercise
10:00 am– Brush-up Bridge
1:00 pm– Coloring Group
2:30 pm– Catholic Communion
7:30 pm– Bingo in FSR



Active Age

ed	Thu	Fri	Sat
HEALTH OR LIVING	1 AP Nail Care 8-9:30 am Gym Rm Supervised Hrs 9:30 am– Yoga in the LC <u>10:15 am– Bible Circle in BW Act Rm</u> 10:30-11:30 am– Bank of Bozeman 1:30 pm– Shopping Bus to the Mall 3:00 pm– Knit & Stitch AP Fireside <u>7:45 pm– Edis Kittrell in AP Commons</u>	2 8-9:30 am Gym Supervised Hrs 10:00 am– Chair Ex. in AP Commons 1:30 pm– Cribbage in FSR <u>3:00 pm– Wings in the Sky—Dove Release Program in AP Commons</u> 6:30 pm– Pinochle in FSR	3 10:00 am– Tai Chi in AP Chapel 1 pm– Mexican Train Dominoes in FSR 2 pm– AP Movie
supervised Hrs Chapel Co-op Edge 3rd Flr A-Wing AP Commons up ed Flr A-Wing Sky—Dove Release	8 AP Nail Care <u>7:30 am– Men’s Breakfast in AP DR</u> 8-9:30 am Gym Rm Supervised Hrs 9:30 am– Yoga in the LC <u>10:15 am– Bible Circle in BW Act Rm</u> 10:30-11:30 am– Bank of Bozeman 1:30 pm– Shopping Bus to 19th 3:00 pm– Knit & Stitch AP Fireside <u>7:45 pm– “An Ursine History of Yellowstone Park: Stories of People and Bears” in the AP Commons</u>	9 8-9:30 am Gym Supervised Hrs 10:00 am– Chair Ex. in AP Commons <u>11:30 am- Friday Forum @ Library</u> 1:30 pm– Cribbage in FSR 6:30 pm– Pinochle in FSR	10 10:00 am– Tai Chi in AP Chapel 1 pm– Mexican Train Dominoes in FSR 2 pm– AP Movie 6:30 pm- Bridge in FSR
supervised Hrs chapel eeb’s Edge 3rd Flr A-Wing AP Commons up m. in Chapel ’s Seminar in LC	15 AP Nail Care 8-9:30 am Gym Rm Supervised Hrs 9:30 am– Yoga in the LC <u>10:15 am– Bible Circle in BW Act Rm</u> 10:30-11:30 am– Bank of Bozeman 1:30 pm– Shopping Bus to the Mall 3:00 pm– Knit & Stitch AP Fireside <u>7:45 pm– Stefan Stern in the AP Commons</u>	16 8-9:30 am Gym Supervised Hrs <u>8:00 am– Day Trip to Tippet Rise</u> 10:00 am– Chair Ex. in AP Commons 1:30 pm– Cribbage in FSR 6:30 pm– Pinochle in FSR	17 <u>10:00 am– Bozeman Dance Academy in AP Commons</u> <u>10:00 am– Tai Chi in Private Dining Room</u> 1 pm– Mexican Train Dominoes in FSR 2 pm– AP Movie
supervised Hrs Chapel own & Country Edge 3rd Flr A-Wing AP Commons up m. in Chapel m in Chapel e Social in AP Com-	22 AP Nail Care 8-9:30 am Gym Rm Supervised Hrs 9:30 am– Yoga in the LC <u>10:15 am– Bible Circle in BW Act Rm</u> 10:30-11:30 am– Bank of Bozeman 1:30 pm– Shopping Bus to 19th 3:00 pm– Knit & Stitch AP Fireside <u>3:30 pm– Bob Packwood in BW DR</u> <u>7:45 pm– Bob Packwood in AP Commons</u>	23 8-9:30 am Gym Supervised Hrs 10:00 am– Chair Ex. in AP Commons 1:30 pm– Cribbage in FSR 6:30 pm– Pinochle in FSR	24 No Tai Chi Today 1 pm– Mexican Train Dominoes in FSR 2 pm– AP Movie 6:30 pm– Bridge Party in FSR
supervised Hrs Chapel eeb’s Edge 3rd Flr A-Wing up m. in Chapel ing Week	29 AP Nail Care 8-9:30 am Gym Rm Supervised Hrs 9:30 am– Yoga in the LC <u>10:15 am– Bible Circle in BW Act Rm</u> 10:30-11:30 am– Bank of Bozeman 1:30 pm– Shopping Bus to the Mall 3:00 pm– Knit & Stitch AP Fireside Birthday Night	30 8-9:30 am Gym Supervised Hrs No Chair Exercise 1:30 pm– Cribbage in FSR 6:30 pm– Pinochle in FSR	

Department Updates

Marketing—Linda Crisp and Linda Jo Simkins

Aspen Pointe has several medium size and smaller two bedroom apartment homes. Birchwood has studio apartment homes. All inquiries should be directed to the Marketing Office at 414-2008.

We have noticed some objects or empty boxes being left in the main isle of the storage areas instead of inside their assigned storage space or throwing their boxes away. This makes, sometimes, impossible for other residents to get in to their storage areas and also contributes to safety hazards. As of September 15, 2016 any objects found in the middle of the storage areas and not in the assigned spaces will be thrown away. Also, per fire code there must be an 18 inch clearance between your items and a sprinkler head/ceiling.

Dining Services—Dean Savage

Just a reminder to contact the front desk and make reservations for all guests before the meal begins. Please make those reservations as early in the day, or week, as possible. If we know ahead of time about guests, we can have your table ready when you arrive. We want to provide the best service possible, all the time, every time. Knowing about guests in advance helps us to achieve that goal.

Programming—Rachel Clemens

As summer fades and fall begins, the programming department is planning to resume two very popular events. Chef Dean Savage and his staff will host Hillcrest men at monthly breakfasts, the first on September 8th at 7:30am. In addition the monthly wine and cheese socials will start again on September 21st at 4pm. New residents who have joined us recently will be introduced at the social. You will also be able to say goodbye to Susan LaFontaine who is retiring. Come welcome your new neighbors at both events.

Marketing Team News



Susan LaFontaine, Marketing Assistant, has made the tough decision to retire. Her last day here at Hillcrest will be September 29, 2016. In her resignation letter, Susan shared the following:

“I have loved this job and thoroughly enjoyed working here getting to know all the residents through the years. They have become a part of my second family and it will be sad, to not see them anymore. I wouldn’t trade my experiences here through the years for anything.”

On September 21, at 4:00pm, during our wine & cheese social, we will have a retirement farewell for Susan where staff and residents can share their best wishes.

However, we are delighted to announce that Jill Bute, currently Activities Assistant, will be taking over this position. Jill has experience in marketing and she will be an awesome addition to our Marketing Team.



Timely Topics Weigh Issues

Sept/Oct, 2016 Schedule (Subject to Change)

Mondays at 1:30pm in Fireside Room

- September 5– Bring Your Own Topic.
- September 12– Economic Growth.
- September 19– National Debt.
- September 26– Bring Your Own Topic.
- October 3– Wages.
- October 10– Bring Your Own Topic.
- October 17– Work/Family Issues.
- October 24– Bring Your Own Topic.
- October 31– Gun Rights.